

# Fall 2023 Parent Meeting



**HELP MAKE A POSITIVE IMPACT IN THE LIVES OF KIDS IN YOUR COMMUNITY BY BECOMING AN  
AYSO VOLUNTEER THIS SEASON**

# WHY AYSO



**Vision – To Provide World Class Youth Soccer Programs That Enrich Children’s Lives**

**Mission – To Develop And Deliver Quality Youth Soccer Programs Which Promote A Fun, Family Environment Based On Our 6 Philosophies**

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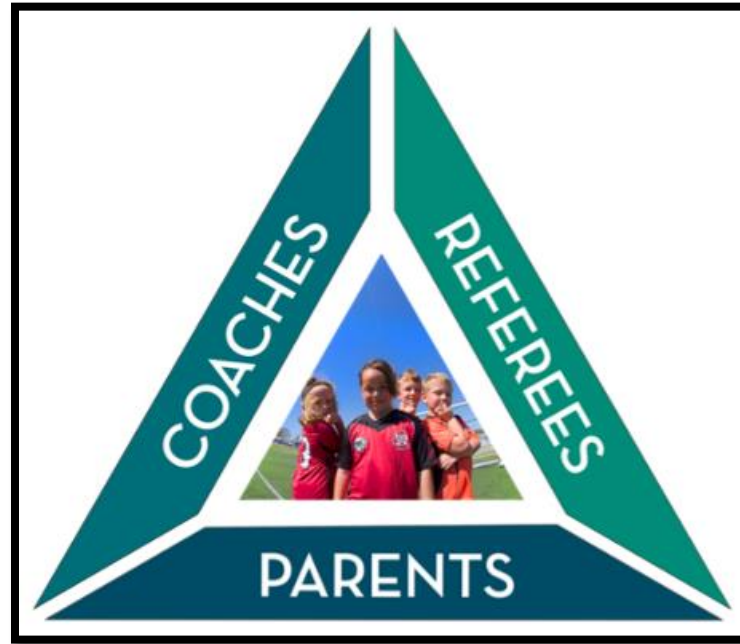
# AYSO Philosophies



- \* **Balanced Teams – Because It's Fair And More Fun**
- \* **Everyone Plays – Our Goal Is For Kids To Play Soccer**
- \* **Good Sportsmanship – Safe, Fair, Fun And Positive**
- \* **Player Development – Skills And Knowledge**
- \* **Open Registration – Open To All Children**
- \* **Positive Coaching – Encourage Player Effort**

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# You Are A Part Of The Team



**Coaches, Referees And Parents Are Members Of The AYSO Team And Need To Work Together, To The Best Of Their Ability, To Make The Game Positive For The Players.**

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# Mark Your Calendar

- **August 10 – Mandatory Coaches Meeting**
- **August 14 – Fields Are Open**
- **September 9 – Opening Day**
- **September 24 – Picture Day**
- **October 7 – Silent Saturday**
- **October 31 – Fields Are Closed**
- **November 18 – Last Game Of Season**
- **Playoffs – 10U And Above**
  - **TBD – Region Playoffs**
  - **December 2<sup>nd</sup> and 3<sup>rd</sup> – Area Playoffs**
  - **February 3<sup>rd</sup> and 4<sup>th</sup> – Section Playoffs**



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# Important Things To Remember



- **Kids Zone**
- **Practices And Games**
  - **Age - Appropriate Size Ball**
  - **Shin Guards Are Mandatory**
  - **Cleats Or Tennis Shoes**
  - **No Jewelry**
  - **No Metal Hair Clips**
- **Be Prepared**
  - **Water**
  - **Sunscreen**
  - **Hats**
- **Drive Slow In The Parking Lot**
- **No Pets On The Field**
- **No Electric Bikes On The Field**
- **Pick Up After Yourself**
- **Stay Up To Date**
  - **AYSO120.ORG**
    - **Regional Calendar**
    - **Important Information**
  - **Follow Us On Facebook**
  - **Follow Us On Instagram**

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# 7U Guidelines

- **5 Players On A Team**
- **4 vs 4 On The Field**
- **Size 3 Ball**
- **Weekday Practice**
  - **1 Hour Max - 1 Time A Week**
- **Saturday Practices / Games**
  - **At Jack Hammett Sports Complex**
  - **Games Will Be Posted In Sports Connect**
  - **Game Start at 9:00am or 10:30am**
  - **25 Minute Practice**
  - **25 Minute Game**
- **In-Person Coach Training Available**
  - **Tuesday, August 15<sup>th</sup> at College View Elementary - Huntington Beach - 4:30pm - 6:30pm**



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# Volunteers Needed



## Scan Here

**\*Youths Are Welcome  
We Offer Volunteer Hours**



- **Coaches**
- **Assistant Coaches**
- **Referees\***
- **Team Parents**

***We Welcome Parents, Older Siblings, Aunts, Uncles, Cousins,  
Neighbors And Trusted Friends***



# Practice Times And Schedules

- **Fields Open Monday - Thursday, From 4:00pm - 9:00pm**
- **Fields Will Be Assigned**
- **Coaches Will Select Their Practice Schedule**



Houses										
		North Field 3			North Field 4			Field 5		
A	A	A	B	C	A	B	C	A	B	C
B	B	Open Field - A	Open Field - B	Open Field - C	Open Field - A	Open Field - B	Open Field - C	Open Field - A	Open Field - B	Open Field - C
C	C	A	B	C	A	B	C	A	B	C
Field 1	Field 2	South Field 3			South Field 4			Field 6		
		Snack Bar								

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# Every Team Needs

- **1 Head Coach**
- **1 Assistant Coach**
- **6U – 8U – 1 Referee**
- **10U-19U – 2 Referees (Minimum)**
- **1 Team Manager\***
- **1 Field Prep\***



# Additional Training And Support

PROTOUCHSOCCER.COM



**1-on-1 Coach Mentoring Topics**

- Finishing
- Dribbling
- Control
- Passing
- Defending


POWERED BY



**TRAIN WITH THE PROS**

PRO TOUCH SOCCER

**GOALKEEPER  
FREE CLINIC**





**AYSO Region 120 Players**

Work on proper galkeeping fundamentals,  
diving techniques and goalie-specific skills  
with Pro Touch professional trainers


**7:00pm - 8:00pm**

Jack Hammett Sports Complex



PRO TOUCH SOCCER

**STRIKER  
FREE CLINIC**






**AYSO Region 120 Players**

Work on proper shooting fundamentals,  
finishing techniques and striker-specific skills  
with Pro Touch professional trainers

**7:00pm - 8:00pm**

Jack Hammett Sports Complex



- **Coach Clinics - Monday**
- **1:on:1 Team Mentoring**
  - **Tuesday, Wednesday, Thursday**
  - **5:00pm - 6:00pm**
  - **6:00pm - 7:00pm**

- **Goalie Clinics - Every Other Week**
  - **Tuesday, Wednesday, Thursday**
  - **7:00pm - 8:00pm**
- **Striker Clinics - Every Other Week**
  - **Tuesday, Wednesday, Thursday**
  - **7:00pm - 8:00pm**





***Where There's A Will, There's A Volunteer Position Waiting To Be Filled!***

***AYSO Runs On 100% Volunteer Power.***

***Volunteers Are The Heartbeat Of Region #120, Helping Kids All Throughout Costa Mesa Experience The Joys Of Soccer!***

***Help Make A Positive Impact In The Lives Of Children In Your Community By Becoming And AYSO Volunteer This Season!***

***No Experience Is Needed!***

***We'll Teach You Everything You Need To Know!***

***Contact Your Division Coordinator For More Information  
On Becoming An AYSO Volunteer!***

# **AYSO Offers All Volunteers**

**No Experience Needed**



**Online Training  
Courses**



**In-Person  
Training**



**Mentoring**



**Coaches Receive Free Equipment – Balls, Ball Bag, Cones,  
Pennies, First Aide Kits, Goalie Jersey, Goalie Gloves**

**Referees Receive Free Gear and Equipment – Uniforms,  
Whistle, Flags, Game Coin**

# Contacts



**Regional Commissioner - Chris Yangerlener - [chris.y@ayso120.org](mailto:chris.y@ayso120.org)**

**Assistant Commissioner - Imelda Validia - [Imelda.v@ayso120.org](mailto:Imelda.v@ayso120.org)**

## **Coach Administrators**

**George Yaghnam - [george.y@ayso120.org](mailto:george.y@ayso120.org)**

**Angela Serrano - [angela.s@ayso120.org](mailto:angela.s@ayso120.org)**

**CVPA - Anne McEligot - [anne.mc@ayso120.org](mailto:anne.mc@ayso120.org)**

**Referee Administrator - Frank Anderson - [frank.a@ayso120.org](mailto:frank.a@ayso120.org)**

**Director Of Coordinators - Angela Serrano - [angela.s@ayso120.org](mailto:angela.s@ayso120.org)**

## **Division Coordinators**

**6U and 7U - Summer Anderson - [summer.a@ayso120.org](mailto:summer.a@ayso120.org)**

**8U - Lupe Sampablo - [lupe.s@ayso120.org](mailto:lupe.s@ayso120.org)**

**10U - Stephanie Caldera - [stephanie.c@ayso120.org](mailto:stephanie.c@ayso120.org)**

**12U - Sandy Hernandez - [sandy.h@ayso120.org](mailto:sandy.h@ayso120.org)**

**14U - Imelda Validia - [Imelda.v@ayso120.org](mailto:Imelda.v@ayso120.org)**

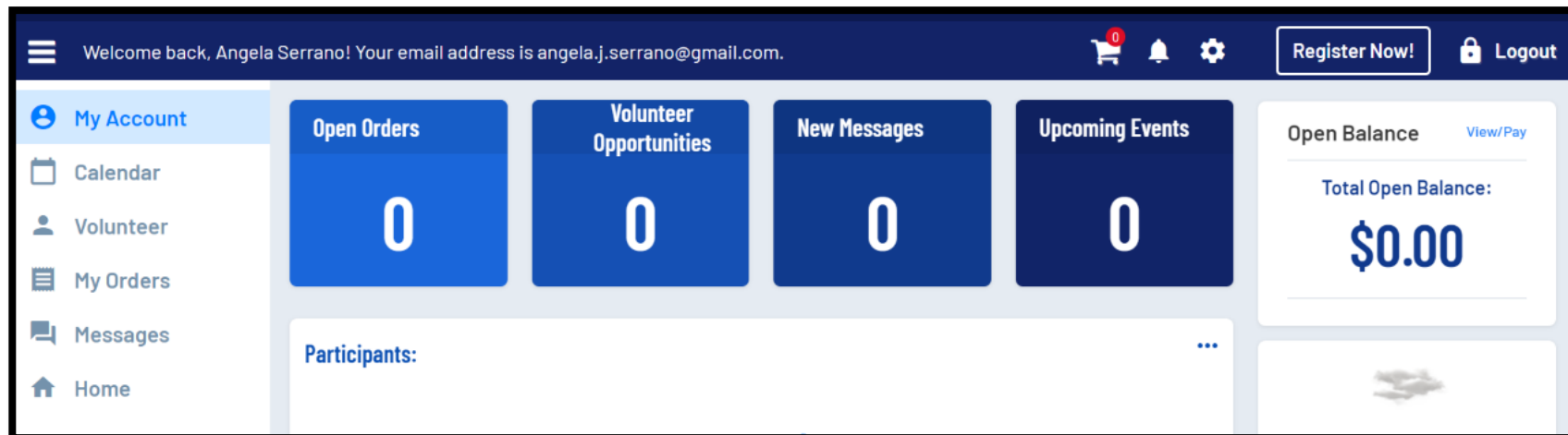
**16U and 19U - Lance Yurada - [lance.y@ayso120.org](mailto:lance.y@ayso120.org)**

# How To Register

- **Step 1 – Register at AYSO120.org**



- **Step 2 – Go to Volunteer**





# How To Register

## ► Step 3 – Go To Find Volunteer Roles








# How To Register



## ► Step 4 – Select Program – 2023 Fall Core

**Programs**

1		Fall Core	<a href="#">View Divisions</a>
2		Fall Extra	<a href="#">View Divisions</a>
3		Referees and Youth Referees	<a href="#">View Divisions</a>
4		VIP Special Needs Soccer	<a href="#">View Divisions</a>
5		Board Member	<a href="#">View Divisions</a>


# How To Register

## ► Step 5 – Select Division



### Programs

1



Fall Core

Hide Divisions

Select Divisions:

☐ 06U - Boys

☐ 06U - Girls

☐ 08U - Boys

☐ 08U - Girls

☒ 10U - Boys

☐ 10U - Girls

☐ 12U - Boys

☐ 12U - Girls

☐ 14U - Boys

☐ 14U - Girls


☐ 16U - Boys



# How To Register



## ► Step 6 - Select Role

**Fall Core**

Head Coach  
Head Coach


Select

Team Manager  
Team Manager

Select

Assistant Coach  
Assistant Coach

Select

**Fall Core**

Referee  
Referee

Select

Board Member  
Board Member

Select

Field Prep  
Field Prep

Select

# How To Register



## • **Step 7 – Select Sign Up For This Role – Up A New User**

- **Fill Out The Questionnaire**
  - **Contact Information**
  - **Proof Of Identification**
  - **Additional Information**
- **Sign The Waivers**
  - **Waiver, Consent, Release, Disclaimer And Assumption Of Risk Agreement**
  - **COVID-19 Assumption Of Risk, Waiver And Release Of Liability Agreement**

**Referee**

Who would you like to sign up for this role?

☐ Sign up a registered user

☐ Sign up a new user

# How To Register



**You Can  
Sign Up For  
Multiple  
Roles**

**Complete  
Steps 2-7  
For Each  
Role**

# How To Register



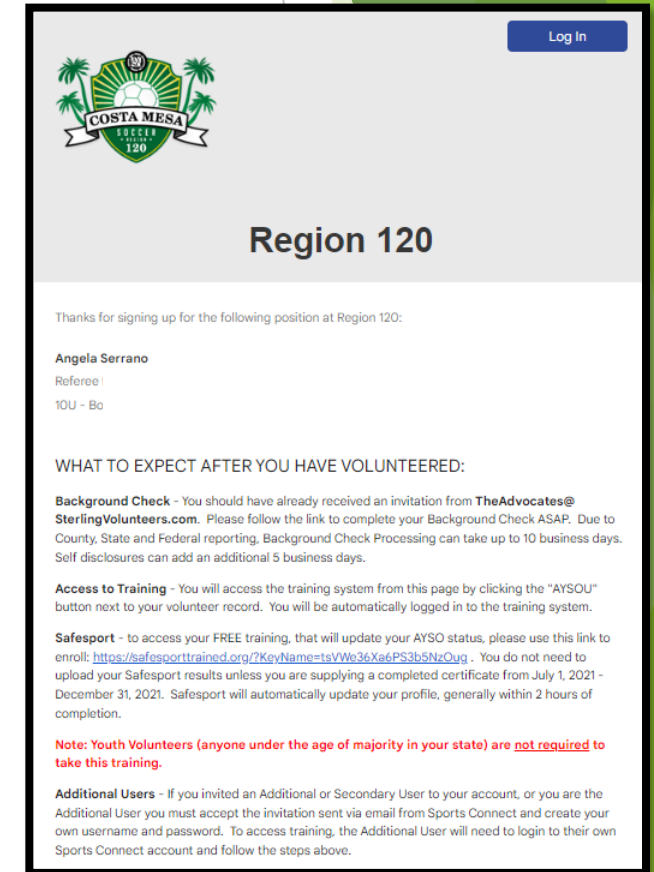
- **You Will Receive An Email For Free Background Check From Sterling Volunteers.**

- **Done Once a Year**

- **Get Fingerprinted For Free\***

- **Only Need To Get Fingerprinted Once While With AYSO Region 120**
- **Divisional Coordinators Will Provide You A Coupon Code**
- **Schedule Online**
- **Done In Less Than 10 Minutes**

- **\* Not Applicable For Youth Volunteers**





# How To Register



- **Complete Online Courses**

- **SafeSport\***
- **AYSOs Safe Haven**
- **Concussion Awareness**
- **Sudden Cardiac Arrest**

- **Complete In Person Training**

- **Head Coaches**
- **Assistant Coaches**
- **Referees**

- **\* Not Applicable For Youth Volunteers**

## Region 120 Area 11Q

<input type="checkbox"/>	Certification
<input type="checkbox"/>	Risk Status (Submitted for the season)
<input type="checkbox"/>	Concussion Awareness
<input type="checkbox"/>	Fingerprinting California Only
<input type="checkbox"/>	Sudden Cardiac Arrest
<input type="checkbox"/>	AYSOs Safe Haven
<input type="checkbox"/>	SafeSport
<input type="checkbox"/>	Coaching License
<input type="checkbox"/>	Referee Grade